

**M. Albert
Catering Limited**

TRANSFAT FREE A.M. / P.M. SNACK MENU

WEEK 1

A.M.	Bran Flakes Milk	Arrowroot Cookies Milk	Granola Bar Fresh Fruits	Rice Krispies Milk	Soft Cheese Wheat Crackers
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P.M.	Wow Butter Cinnamon Raisin Bagel	Apple Cinnamon Pie Fresh Fruits	Cheestrings Ritz Crackers	Apple Berry Sauce Rice Cake	Cranberry Orange Loaf Fresh Fruits
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WEEK 2

A.M.	Multigrain Cereal Milk	Arrowroot Cookies Milk	Granola Bar Fresh Fruits	Bran Flakes Milk	Hard Boiled Eggs Triscuit
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P.M.	Soft Cheese Whole Wheat Bagel	Pumpkin Date Loaf Fresh Fruits	Goldfish Raisin Milk	Oatmeal Raisin Cookies Fresh Fruits	Wow Butter Raisin Bread
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WEEK 3

A.M.	WW Shreddies Milk	Ritz Crackers Fresh Fruits	Apple Butter Cinnamon Raisin Bagel	Hard Boiled Eggs Wheat Crackers	Multigrain Cereal Milk
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P.M.	Pretzel Apple sauce	Mini Croissant Wow Butter	Granola Bars Fresh Fruits	Yogurt Apple Cinnamon Pie	Blueberry Muffin Fresh Fruits
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WEEK 4

A.M.	Corn Flakes Milk	Yogurt Fresh Fruits	Granola Bar Milk	Multigrain Cereal Milk	Triscuit Crackers Soft Cheese
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P.M.	Soft Cheese Multigrain Bagel	Goldfish Fresh Fruits	Apple Croissant Fresh Fruits	Nachos Cheese Salsa	Cheese String Crispbread
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