

M.ALBERT CATERING LIMITED

TRANSFAT FREE A.M. / P.M. SNACK MENU

A.M.	Bran Flakes Milk	Arrowroot Cookies Milk	Granola Bar Fresh Fruits	Rice Krispies Milk	Boiled Eggs Wheat Crackers
P.M.	Wow Butter Marble Rye Bagel	Apple Cinnamon Pie Fresh Fruits	Soft Cheese Ritz Crackers	Yogurt Rice Cake	Zucchini Banana Muffin Fresh Fruits
A.M.	Multigrain Cereal Milk	Arrowroot Cookies Milk	Granola Bar Fresh Fruits	Corn Flakes Milk	Hard Boiled Egg Triscuits
P.M.	Morning Glory Loaf Fresh Fruits	Pretzel Apple sauce	Cheese String Fresh Fruits	Danish Roll Wow Butter	Oatmeal Raisin Cookies Fresh Fruits
A.M.	Whole Wheat Shreddies Milk	Apple Butter Rice Cake	Ritz Crackers Fresh Fruits	Hard Boiled Eggs Wheat Crackers	Multigrain Cereal Milk
P.M.	Soft Cheese Whole Wheat Bagel	Granola Bar Fresh Fruits	Apple Berry Sauce Pretzel	Banana Loaf Fresh Fruits	Yogurt Arrowroot Cookies
A.M.	Corn Flakes Milk	Yogurt Fresh Fruits	Hard Boiled Eggs Triscuits	Multigrain Cereal Milk	Granola Bar Fresh Fruits
P.M.	Wow Butter Pumpnickel Bagel	Goldfish Fresh Fruits	Nachos Dill Pickle Salsa	Apple Croissant Fresh Fruits	Cheese String Whole Wheat Crackers